

# CONNECT COMMUNICATE COLLABORATE™



## WOMEN IN THE WORKPLACE: OWN YOUR VOICE

Use power, pace, and pause to command the room

Our soft-skills learning path for women elevates presentation and communication skills from a female perspective. The purpose of the training, **Women in the Workplace: Owning Your Voice**, will be to provide a transformational training that focuses on presenting with gravitas, executive presence, and advanced communication skills for women in leadership roles. The agenda will include extra time for Q & A to address specific hurdles.

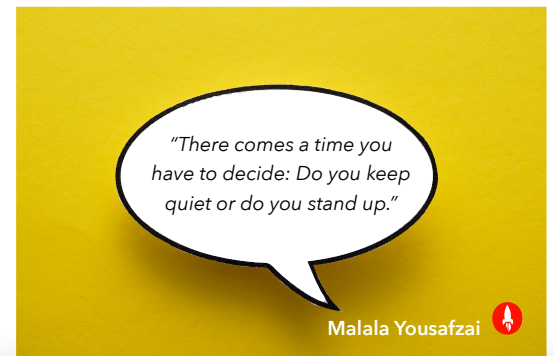
Our learning path will include how to get and keep attention spans high (**Connect**), deliver clear and concise information/data so that it is understood and remembered while reducing presentation anxiety (**Communicate**), and help others to feel heard through active listening and better questions (**Collaboration**).

### TOPICS INCLUDE:

1. Eye contact, energy, and engagement
2. Conditioning and how it affects perception
3. Use power, pace, and pausing to increase gravitas
4. Being verses doing
5. 3 Levels of listening and high-value questions
6. Clear, concise, powerful, presentations
7. Reacting verses responding
8. How women "RISE" and the "Confidence Code"

### LEARNING PATH INCLUDES INFORMATION FROM:

- 🔥 Engaging Meetings and Speaker Anxiety
- 🔥 Concise Memorable Stories
- 🔥 Executive Presence and Gravitas
- 🔥 The Burst Diamond Presentation Framework



### FLEXIBLE TRAINING OPTIONS

- In-person / virtual
- 120-minute / 1/2 day / full-day
- Client view point integration
- 1:1 Coaching availability



**BURST TRAININGS**  
Connect. Communicate. Collaborate.